

## **Understanding Spirit with Alan Cox**

*Understanding Spirit* is hosted by Alan Cox and airs live on Thursdays at 4pm EST on the [Paramania Radio Network](#). All shows are podcast. Click on the links below to listen:

**Understanding Spirit with Alan Cox and UK Psychic Medium Pam Brittan 21st August 2014**

**Understanding Spirit with Alan Cox and Author Covie Edwards 14th August 2014**

**Understanding Spirit with Alan Cox and Hollywood Producer Christopher Saint Booth 7th August 2014**

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