

Understanding Spirit with Alan Cox

Understanding Spirit is hosted by Alan Cox and airs live on Thursdays at 4pm EST on the [Paramania Radio Network](#). All shows are podcast. Click on the links below to listen:

Understanding Spirit with Alan Cox and UK Psychic Medium Pam Brittan 21st August 2014

Understanding Spirit with Alan Cox and Author Covie Edwards 14th August 2014

Understanding Spirit with Alan Cox and Hollywood Producer Christopher Saint Booth 7th August 2014

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