

Defining Your Preference

Your preferences guide you in this life. No one else has your unique combination of preferences. Your preferences help you discern what makes your vibration high. This creates your exceptional path in life. You have a choice of perception because everything comes down to your preferences.

Pay close attention to the areas in which you are dissatisfied. It is there you are presented with a clarifying opportunity. Through dissatisfaction you are forced to define what your preference is. By aligning your thoughts and feelings with it, you have the power to draw it to you. Take note. In life you will continually refine your preferences.



Your preference is your guide in this life. When you listen to what your heart is saying you will

steer your life well. Your preference is designed choice by choice to bring you into alignment with your highest and best self. You were born therefore you have value; you have something wonderful to share. Let your preferences help you define it. When you feel excited about something you are working in the arena of your dreams.



You receive an abundance of what you ask for, get clear on what is you want. Then ask for it and imagine it's yours. Come from a place that you are enough, receive and believe it. Train you mind to seek abundance rather than lack and limitation. Look for the wonders that are

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present in every day of your life, give thanks. Appreciate, and be grateful. Release resistance and welcome life's bounty.

Read more of Michele Howe Clarke's book, *Face Forward*, on [Amazon.com](https://www.amazon.com).

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